Breastfeeding Support Groups for Black Mothers

Alabama	Chocolate Milk Mommies Mommy Meet up every 2nd and 4th Monday, 6:30 -8pm. East Lake Methodist Church 7753 1st Ave. Birmingham, AL 35206 https://www.facebook.com/ChocMilkMoms/	
California	Breastfeeding Support Group on the 2nd Friday of the month 301 N. Prairie Ave., 5th Floor - Suite 515 Inglewood, CA. 90301 nrobinson@soulfood4yourbaby.org https://www.soulfood4yourbaby.org/events/support-group-2016-2016-02-12/	Lioness Lactation Cubs Café Breastfeeding Meet Up. Support group for pregnant, breastfeeding, and support people. Meets the first Sunday of every month from 2:30pm-4:00pm. 11833 Wilmington Ave. Compton, California 90222
	Cinnamoms Breastfeeding Support Group for Black moms at various WIC offices throughout Los Angeles, CA. CinnaMoms@phfewic.org https://www.cinnamoms.org/events	
District of Columbia	DC Breastfeeding Coalition East of the River Lactation Support Center. Mom's Got Milk Club Meetings and Four-Week Prenatal Breastfeeding Education Classes. 2101 Martin Luther King Jr. Ave SE Washington, DC 20020 info@dcbfc.org Phone: 202-476-6941 or 202-470-2732 http://www.dcbfc.org/eastRiverLactation.php	
Florida	Orlando Chapter of African American Breastfeeding Alliance (AABA) Meeting every first Tuesday, 12 noon at The Birth Place 1150 E. Plant St. Suite F, Winter Garden, FL 34787 Call 407 656 6938 or e-mail info@thebirthplace.org	
Georgia	Reaching Our Sisters Everywhere (ROSE) ROSE Baby Café 3035 Stone Mountain St., Suite 1076, Lithonia, GA 30058 404-719-4297 www.breastfeedingrose.org	Milk and Honey Co. Milk & Honey T.E.A. Last Friday of each month, beginning November 2018. www.milkandhoneycoatl.wixsite.com (678) 948-7137

Indiana	Indiana Black Breastfeeding Coalition (IBBC) Breastfeeding support class and Bosom Buddie Every 1st and 3rd Saturday of the Month. 4087 Millersville Rd Indianapolis, IN 46205 317.434.4930 https://www.indianablackbreastfeedingcoalition.com/classes	
	Nola Baby Café. Earhart Center 4747 Earhart Blvd, 2nd Floor Suite I New Orleans, LA 70125 Provides mother to mother lactation support every Wednesday from 12:30pm - 2:30pm and light refreshments.	Café Au Lait Breastfeeding Circle for women of color. 1st Wednesdays, 2nd Thursdays, 3rd Saturdays, 4th Tuesdays in various locations in New Orleans, LA. CaféauLaitNola@gmail.com https://www.facebook.com/CafeauLaitN OLA/
Louisiana	Cub Cafe. Breastfeeding support group for families of color. 1st Sundays. 11833 Wilmington Ave. Willowbrook, LA.	Black Mothers Breastfeeding Support Group: Sista Midwife Productions Provides a safe space with support from experienced moms, light refreshments and childcare. Every Monday, 6:30-8:30pm, BlackStar Caffe 800 Belleville St. New Orleans
Michigan	Black Mothers' Breastfeeding Club® The Black Mothers' Breastfeeding Associatation hosts mother-to-mother breastfeeding support groups in various community locations throughout Michigan.	Black Breastfeeding Sisterhood Mother-led breastfeeding support group 1st and 3rd Mondays, 5 pm – 7 pm Willow Tree Family Center 3333 S. Pennsylvania, Lansing. MI. (586) 806-9832 or (313) 948-2261
Missouri	Uzazi Village Chocolate Milk Cafe breastfeeding support group for families of color. Contact for details. 4232 Troost. Kansas City, MO 65110 (816) 541-3718	
New Jersey	Perinatal Health Equity Foundation Sistahs Who Breastfeed. Mom to mom breastfeeding support group for women of color (meets in person and virtually on Facebook). Meets in person at M Allan Vogelson Regional Branch, Camden County Library System: 203 Laurel Rd. Voorhees Township, NJ 08043 https://www.perinataleguity.org/swb	Families for Equity Chocolate Milk Café. Meets on the second Monday of each month from 11:30am-1:00pm. Shani Baraka Women's Resource Center 300 Clinton Ave. Newark, NJ 07108 http://familiesforequity.com/category/chocolate-milk-cafe/

Ohio	8:00 pm. Suggested donation is \$3 - \$5.	rt Group. 3rd Thursday of the month from 6:30 pm until	
Pennsyl- vania	3270 W. North Bend Road, Suite 207. Cincinnati, Oh 45239 Phone: 513-620-MILK (6455) Pittsburgh Black Breastfeeding Circle (PBBC) Bi-weekly meetings on Saturdays and Wednesdays at two locations: 1. The Midwife Center. 2831 Penn Ave. Pittsburgh, PA 15222. 2. Pittsburgh Toy Lending Library at 5401 Centre Ave. Pittsburgh, PA 15222 Phone: 412-638-1580 Cocoa Moms Breastfeeding		
Texas	The Birthing Place Breastfeeding Conversations with Midwife Afua (breastfeeding support and discussions). 2218 Barbee St. Houston, Texas	Breastfeeding club meets every other Tuesday at 630pm. 119 West Wheatland Road Duncanville, TX 75116 Phone: (682) 587-7668	
	Black Breastfeeding Moms of Michigan: https://www.facebook.com/groups/276 094752544551/	Breastfeeding Sisters That Are Receiving Support (BSTARS) in Tennessee https://www.facebook.com/pg/BSTARS901 /about/?ref=page_internal	
Online	Black Moms Breastfeeding Support Group https://www.facebook.com/groups/Blackmomsdobreastfeed/	Sister's Circle. Athens, GA. https://www.facebook.com/pg/Athensbla ckmothersbreastfeed/about/?ref=page_int ernal Email: athensblackmothersbreastfeed@gmail.co m	

Created by Black Girls' Breastfeeding Club, LLC.

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